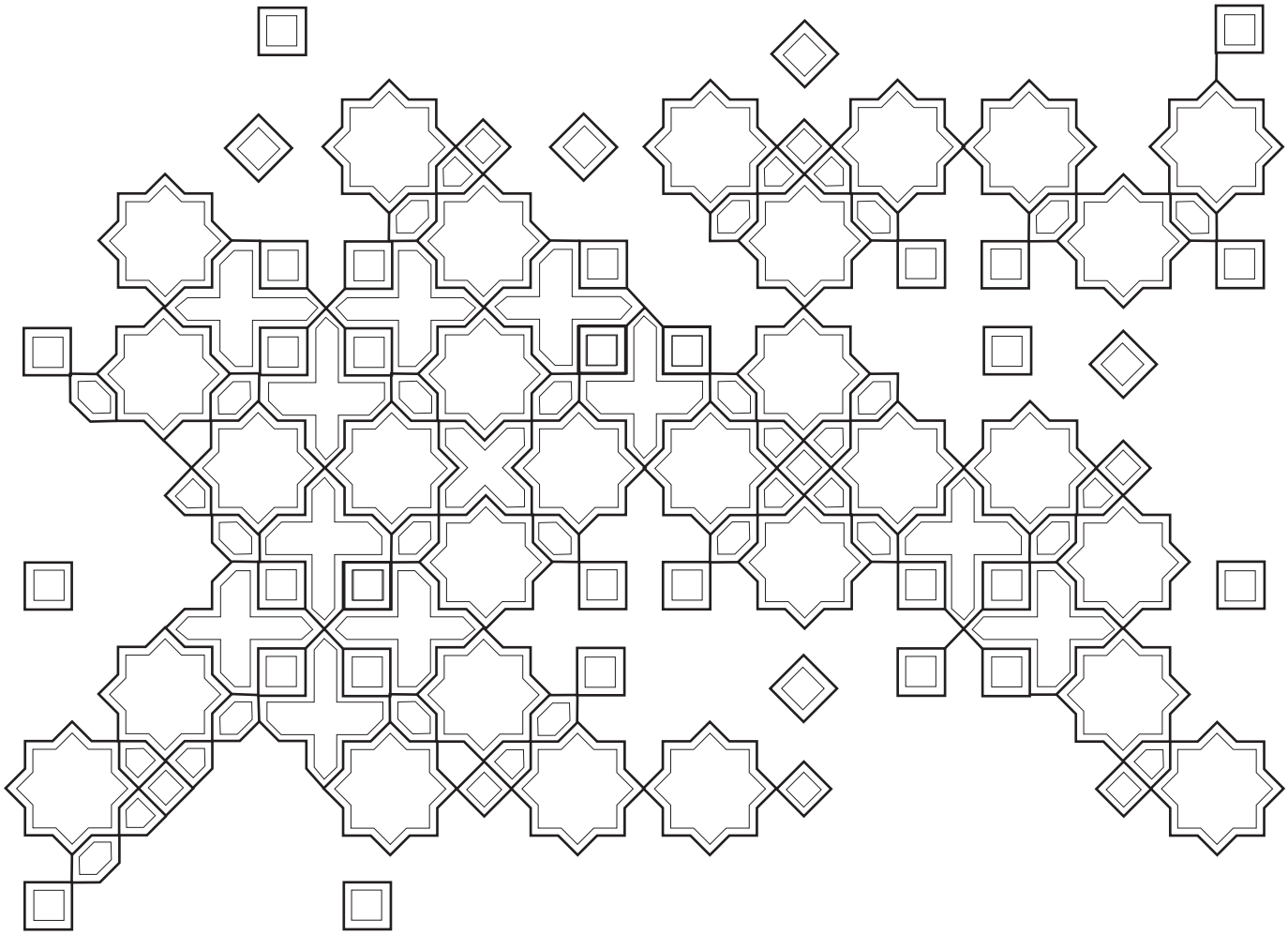
Understanding My Ramadan Duas



THIS DUA BOOK BELONGS TO

The month of Ramadan is here! In this beautiful month, we are told that all our mistakes are forgiven, and that Allah (swt) will answer our requests and bless us with so much. Although we can (and should!) always speak to Allah (swt) from our heart in our own way, we have also been given some amazing duas that we can use to pray to him with. These duas give us the perfect ways to ask for what we need, including things that we might not have even thought of to ask for.

INTRODUCTION

These Ramadan duas have been taught to us by our Ahlul Bayt (as), and show us the akhlaq in which we should speak to Allah, and what we should be asking for from Him. Unfortunately, we often just recite these duas in Arabic, and unless we understand this language, we don't know what we are asking for. How can we speak to Allah and grow closer to Him when we don't even understand what we are saying? As Imam Ali (as) said:

"Know that there is no good in knowledge that is not truly beneficial."

This book will Inshallah help you understand the meanings of these duas of the month of Ramadan, as well as the main concepts behind each dua. There are questions to get you thinking about what the dua is saying, and a little activity for each dua to help you truly understand it. In addition, all the short duas have a Kahoot! quiz that you can play at the end, to reinforce your learning. Simply click on the QR code!

It is important to remember that when we recite, we should focus on quality and not quantity. These are the Ramadan daily duas that are in Mafatih-ul-Jinan, but it is not necessary to recite all of them every day. What is more important is that we understand and implement the teachings in the duas in our lives.

A special thanks goes to Sheikh Mohammed Al-Hilli and Sheikh Jaffer Ladak for taking the time to look through this book and add their wisdom to it!

We hope and pray that all of your duas - both those from your heart and those through the words of the Ahlul Bayt (as) – are accepted Inshallah!

DUA
YA ALIYU
YA AZEEM

1 يَا عَلِيُّ يَا عَظِيمُ

O High, O Mighty,

2 يَا غَفُورُ يَا رَحِيمُ

O Forgiver, O Merciful.

3 أَنْتَ الرَّبُّ الْعَظِيمُ

You are the Mighty Lord,

4 الَّذِي لَيْسَ كَمِثْلِهِ شَيْءٌ

who has none like Him,

5 وَهُوَ السَّمِيعُ الْبَصِيرُ

and He is the All-Hearing, the All-Seeing.

6 وَهذَا شَهْرٌ عَظَّمْتَهُ وَكَرَّمْتَهُ

This is a month which You have made exalted, honoured,

7 وَشَرَّفْتَهُ وَفَضَّلْتَهُ عَلَى الشُّهُورِ

ennobled and excelled over the other months.

8 وَهُوَ الشَّهْرُ الَّذِي فَرَضْتَ صِيَامَهُ عَلَيَّ

It is the month in which You have made fasting obligatory on me,

9 وَهُوَ شَهْرُ رَمَضَانَ الَّذِي أَنْزَلْتَ فِيهِ الْقُرْآنَ

and it is the month of Ramadan, in which You sent down the Qur'an:

10 هُدَىً لِلنَّاسِ وَبَيِّنَاتٍ مِنَ الْهُدَى وَالْفُرْقَانِ

'A guidance for mankind, having clear signs of guidance and distinction.' (2:185)

وَجَعَلْتَ فِيهِ لَيْلَةَ الْقَدْرِ 11

You have placed in it the Night of Power:

وَجَعَلْتَهَا خَيْراً مِنْ أَلْفِ شَهْرٍ 12

and made it better than a thousand months.' (97:2)

فَيَا ذَا الْمَنِّ وَلا يُمَنُّ عَلَيْكَ 13

O One who favours and none favours You,

مُنَّ عَلَيَّ بِفَكَاكِ رَقَبَتِي مِنَ النَّارِ فِي مَنْ تَمُنُّ عَلَيْهِ 14

favour me by saving me from the fire and including me among the ones You favour,

وَأَدْخِلْنِي الْجَنَّةَ 15

and make me enter Heaven,

بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ 16

by Your mercy, O the most Merciful.

INFORMATION

- ☐ This dua is an introduction to the month of Ramadan
- ☐ It describes the excellence of this month
- ☐ It is recommended to be recited after every wajib salaah

IN SUMMARY...

This dua tell us that:

- ☐ Ramadan is an exalted month
- ☐ Fasting is wajib in it
- ☐ The Quran was sent down in it
- ☐ The special nights of Laylatul Qadr are in it

QUESTIONS

- ☐ There are seven names of Allah mentioned in this dua – which ones are they?

- ☐ Four adjectives are used to describe the beauty of this month – write them here. Can you write a synonym for each of them?

- ☐ What two things is the Quran described as being?

- ☐ The Night of Power is better than a thousand months! How many years is that? How long is an average person's life? What does this mean?

- ☐ What are the two common requests that are asked for at the end of the dua? Why would these requests be emphasised in this holy month?

ACTIVITY

Why not try your hand at some Arabic calligraphy around the names of Allah (swt) mentioned in this dua? Alternatively you could write them in English using calligraphy writing and colour them in for some mindfulness activity.

SCAN ME!

Scan and play Kahoot!

DUA ALLAHUMMA ADKHIL

1 اللّٰهُمَّ أَدْخِلْ عَلَى أَهْلِ الْقُبُورِ السُّرُورَ

O Allah, gladden the people of the graves.

2 اللّٰهُمَّ أَغْنِ كُلَّ فَقِيرٍ

O Allah, enrich every poor person.

3 اللّٰهُمَّ أَشْبِعْ كُلَّ جَائِعٍ

O Allah, satisfy every hungry one.

4 اللّٰهُمَّ اكْسُ كُلَّ عُرْيَانٍ

O Allah, clothe every unclothed one.

5 اللّٰهُمَّ اقْضِ دَيْنَ كُلِّ مَدِينٍ

O Allah, help every debtor pay his debts.

6 اللّٰهُمَّ فَرِّجْ عَنْ كُلِّ مَكْرُوبٍ

O Allah, relieve every distressed one.

7 اللّٰهُمَّ رُدَّ كُلَّ غَرِيبٍ

O Allah, return every traveller (to his home).

8 اللّٰهُمَّ فُكَّ كُلَّ أَسِيرٍ

O Allah release every prisoner.

9 اللّٰهُمَّ أَصْلِحْ كُلَّ فَاسِدٍ مِنْ أُمُورِ الْمُسْلِمِينَ

O Allah, correct every wrong in the affairs of the Muslims.

10 اللّٰهُمَّ اشْفِ كُلَّ مَرِيضٍ

O Allah, cure every sick one.

11 اللّٰهُمَّ سُدَّ فَقْرَنَا بِغِنَاكَ

O Allah, ease our poverty by Your wealth.

12 اللّٰهُمَّ غَيِّرْ سُوءَ حَالِنَا بِحُسْنِ حَالِكَ

O Allah, change our evil state to a good one through Your excellent state.

13 اللّٰهُمَّ اقْضِ عَنَّا الدَّيْنَ وَأَغْنِنَا مِنَ الْفَقْرِ

O Allah, relieve us of our debts and help us against poverty.

14 إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Surely You have power over all things.

INFORMATION

- ☐ One of the etiquettes of dua is to ask for others - Allah loves those who pray for others before themselves!
- ☐ Imam Jaffer Sadiq (as) said: "When a Muslim prays for each other, sustenance is given to him, afflictions are driven away, and the angels tell him, 'You will also receive the same'."
- ☐ It is recommended to be recited after every wajib salaah

IN SUMMARY...

This dua tell us that:

- ☐ We need to pray for others before ourselves
- ☐ We should pray for others more than ourselves
- ☐ As well as pray, we should try and put this prayer into action
- ☐ We can only do this with Allah's help as He is powerful over all things

QUESTIONS

- ☐ How many groups of people do we pray for before we pray for ourselves?

_____

- ☐ How many duas do we do for ourselves?

_____

- ☐ What is the least we can do to help others?

_____

_____

_____

QUESTIONS

- ☐ What can we be motivated to do as well as praying for these different groups of people? Here is an example:
  O Allah, help every debtor pay his debts - If we owe someone money, we can make sure we've paid them back. If someone owes us something, we can either forgive them or give them more time to pay us back.
  Can you write down one practical point for each of the other groups of people?

QUESTIONS

- ☐ Why does the dua finish with a reminder that Allah has power over all things? How do you think this helps us to understand how we should end our own private duas to Allah?

ACTIVITY

Choose one practical thing you can do from the dua. Can you make a card for someone who is sick? Can you donate food to the food bank? Do that with the intention that you are putting this beautiful dua into practise!

SCAN ME!

Scan and play Kahoot!

DUA ALLAHUMMA RABBA SHAHRI RAMADAN

1 اللّهُمّ رَبّ شَهْرِ رَمَضَانَ

O Allah, Lord of the month of Ramadan,

2 الّذِي أَنْزَلْتَ فِيهِ القُرْآنَ

in which You sent down the Qur'an,

3 وَافْتَرَضْتَ عَلَى عِبَادِكَ فِيهِ الصّيَامَ

and made fasting obligatory on Your servants.

4 وَصَلّ عَلَى مُحَمّدٍ وَآلِ مُحَمّدٍ

Bless Muhammad and the family of Muhammad,

5 وَارْزُقْنِي حَجّ بَيْتِكَ الحَرَامِ

and enable me to go for pilgrimage to Your sacred house,

6 فِي هذَا العَامِ وَفِي كُلّ عَامٍ

in this year and in every year,

7 وَاغْفِرْ لِيَ الذّنُوبَ العِظَامَ

and forgive me those great sins (that I carry),

8 فَإِنّهُ لا يَغْفِرُهَا غَيْرُكَ

for surely none can forgive them except You,

9 يَا ذَا الجَلالِ وَالإِكْرَامِ

O Possessor of majesty and honour.

INFORMATION

- ☐ This is a short but very beneficial dua
- ☐ It is usually read before Dua Iftitah
- ☐ Sayyid ibn Tawus has mentioned that if someone recites this each night in Ramadan, their sins of forty years will be forgiven for them!

IN SUMMARY...

This dua tell us that:

- ☐ Allah is the Lord of Ramadan
- ☐ Our first dua should be to send blessings on the Ahlul Bayt
- ☐ Going for Hajj is very important
- ☐ Only Allah can forgive our sins

QUESTIONS

☐ How is Allah described in the dua?

_____

_____

☐ There are three main requests in the dua. What is the first request that is asked for?

_____

_____

☐ Why do you think going for Hajj is so important that we ask to be given the chance to go every year?

_____

_____

_____

_____

QUESTIONS

☐ What two names of Allah are used in the dua?

_____

_____

ACTIVITY

Let's take a look at forgiveness as it's highly emphasised in the dua. Get a jug of water and some effervescent tablets (break them up if they are big). Think of a mistake you may have made, and drop a tablet in the water. Just like the tablet disappears, if you ask Allah sincerely, your mistake will also disappear thanks to His Kindness!

To understand how our actions affect our soul, take two jugs and fill them with water. Put a few drops of food colouring into the water, and see what happens. Add some more colours in – what happens then? Just how different colours can affect the water differently, and also leave a lasting impression in the water, our actions too affect the soul in different ways.

SCAN ME!

Scan and play Kahoot!

DUA
ifilah

As a whole, this dua tells us that:

- ☐ To be a true believer, we need to believe as well as do the right things.
- ☐ If we believe in Allah, then we believe in His messenger and work to spread the religion.
- ☐ The Imam will come and perfect this, so we need to pray for his arrival.
- ☐ Human beings can only enjoy true justice and peace with all their needs being fulfilled under the leadership of a Divine leader.

Dua Iftitah was taught by the 12th Imam (aj)

It is narrated by Abu Jafar Muhammad ibn Uthman, the second of the four deputies of Imam Mahdi (aj)

Although this dua can be recited at other times, it's themes are very specific to the month of Ramadan and is mainly recited during this month

There are two main sections of the dua — we will look at each section in more detail now Inshallah!

The **first** section of the dua is about the relationship of Allah with the human being.

This section of the dua can further be divided into the following parts:

1) Allah's relationship with us personally
2) Allah's relationship with the human being in general
3) Allah's Oneness and His creation and control of this earth for us

DUA IFTITAH
SECTION 1

1 اَللَّهُمَّ إِنِّي افْتَتِحُ ٱلثَّنَاءَ بِحَمْدِكَ

O Allah, I begin glorifying You with Your praise.

2 وَانْتَ مُسَدِّدٌ لِلصَّوَابِ بِمَنِّكَ

You direct towards what is right through Your grace.

3 وَايْقَنْتُ انَّكَ انْتَ ارْحَمُ ٱلرَّاحِمِينَ

I am convinced that You are the most merciful

4 فِي مَوْضِعِ ٱلْعَفْوِ وَٱلرَّحْمَةِ

in matters of forgiveness and mercy,

5 وَاشَدُّ ٱلْمُعَاقِبِينَ

but most severe

6 فِي مَوْضِعِ ٱلنَّكَالِ وَٱلنِّقِمَةِ

in matters of warning and retribution,

7 وَاعْظَمُ ٱلْمُتَجَبِّرِينَ

and the most mighty

8 فِي مَوْضِعِ ٱلْكِبْرِيَاءِ وَٱلْعَظَمَةِ

in matters of power and magnificence.

9 اَللَّهُمَّ اذِنْتَ لِي فِي دُعَائِكَ وَمَسْالَتِكَ

O Allah, You have allowed me to supplicate to You and ask from You.

10 فَٱسْمَعْ يَا سَمِيعُ مِدْحَتِي

Then hear my praise, O One who hears all,

11 وَاجِبْ يَا رَحِيمُ دَعْوَتِي

and answer my call, O Merciful,

12 وَاقِلْ يَا غَفُورُ عَثْرَتِي

and decrease my mistakes, O most Forgiving.

13 فَكَمْ يَا إِلٰهِي مِنْ كُرْبَةٍ قَدْ فَرَّجْتَهَا

How often, O my God, You have relieved me of troubles,

14 وَهُمُومٍ قَدْ كَشَفْتَهَا

how many griefs You have dispelled,

15 وَعَثْرَةٍ قَدْ اقَلْتَهَا

how many mistakes You have prevented,

16 وَرَحْمَةٍ قَدْ نَشَرْتَهَا

how many blessings You have spread,

17 وَحَلْقَةِ بَلاءٍ قَدْ فَكَكْتَهَا

and how many series of afflictions You have separated.

18 اَلْحَمْدُ لِلَّهِ اَلَّذِي لَمْ يَتَّخِذْ صَاحِبَةً وَلاَ وَلَداً

All praise is for Allah who has not taken a wife nor a son,

19 وَلَمْ يَكُنْ لَهُ شَرِيكٌ فِي اَلْمُلْكِ

who has no partner in His kingdom,

20 وَلَمْ يَكُنْ لَهُ وَلِيٌّ مِنَ اَلذُّلِّ

who has no friend to protect Him from humiliation,

21 وَكَبِّرْهُ تَكْبِيراً

so magnify Him with a great magnificence.

22 اَلْحَمْدُ لِلَّهِ بِجَمِيعِ مَحَامِدِهِ كُلِّهَا

All praise is for Allah for all His praiseworthy acts,

23 عَلَىٰ جَمِيعِ نِعَمِهِ كُلِّهَا

for all His favours and blessings.

24 اَلْحَمْدُ لِلَّهِ اَلَّذِي لاَ مُضَادَّ لَهُ فِي مُلْكِهِ

All praise is for Allah who has no opposition in His kingdom,

25 وَلاَ مُنَازِعَ لَهُ فِي امْرِهِ

nor any challenge to His command.

26 اَلْحَمْدُ لِلَّهِ اَلَّذِي لاَ شَرِيكَ لَهُ فِي خَلْقِهِ

All praise is for Allah who has no partner in creation,

27 وَلاَ شَبِيهَ لَهُ فِي عَظَمَتِهِ

nor anyone like Him in His Greatness.

28 الْحَمْدُ لِلَّهِ ٱلْفَاشِي فِي ٱلْخَلْقِ امْرُهُ وَحَمْدُهُ

All praise is for Allah, His commands operate over His creation,

29 ٱلظَّاهِرِ بِٱلْكَرَمِ مَجْدُهُ

His praise is evident through His generosity,

30 ٱلْبَاسِطِ بِٱلْجُودِ يَدَهُ

whose bestowal stretches out liberally,

31 ٱلَّذِي لاَ تَنْقُصُ خَزَائِنُهُ

His treasures never decrease,

32 وَلاَ تَزِيدُهُ كَثْرَةُ ٱلْعَطَاءِ إِلاَّ جُوداً وَكَرَماً

(rather) the frequency of His giving increases His generosity and kindness.

33 إِنَّهُ هُوَ ٱلْعَزِيزُ ٱلْوَهَّابُ

Surely, He is the Mighty, the Bestower.

34 اَللَّهُمَّ إِنِّي اسْالُكَ قَلِيلاً مِنْ كَثِيرٍ

O Allah I ask You a little from much,

35 مَعَ حَاجَةٍ بِي إِلَيْهِ عَظِيمَةٍ

although I am in great need of it,

36 وَغِنَاكَ عَنْهُ قَدِيمٌ

while You are eternally needless of it.

37 وَهُوَ عِنْدِي كَثِيرٌ

Though it is a lot for me,

38 وَهُوَ عَلَيْكَ سَهْلٌ يَسِيرٌ

while it is easy and simple for You.

39 اَللَّهُمَّ إِنَّ عَفْوَكَ عَنْ ذَنْبِي

O Allah, indeed Your forgiveness of my sins

40 وَتَجَاوُزَكَ عَنْ خَطِيئَتِي

and Your overlooking my faults,

41 وَصَفْحَكَ عَنْ ظُلْمِي

Your pardoning my oppression,

42 وَسِتْرَكَ عَلَىٰ قَبِيحِ عَمَلِي

Your hiding my ugly deeds,

43 وَحِلْمَكَ عَنْ كَثِيرِ جُرْمِي

and Your forbearing my many wrongs,

44 عِنْدَ مَا كَانَ مِنْ خَطَإِي وَعَمْدِي

done intentionally or unintentionally,

45 اطْمَعَنِي فِي انْ اسْالَكَ مَا لاَ اسْتَوْجِبُهُ مِنْكَ

tempted me to ask from You what I did not deserve from You,

46 ٱلَّذِي رَزَقْتَنِي مِنْ رَحْمَتِكَ

which You (still) gave me out of Your mercy,

47 وَارَيْتَنِي مِنْ قُدْرَتِكَ

provided me by Your power,

48 وَعَرَّفْتَنِي مِنْ إِجَابَتِكَ

and made known to me from Your answers.

49 فَصِرْتُ ادْعُوكَ آمِناً

So I became habituated to call You trustingly,

50 وَاسْالُكَ مُسْتَانِساً

and ask You familiarly,

51 لاَ خَائِفاً وَلاَ وَجِلاً

neither fearing nor scared

52 مُدِلاًّ عَلَيْكَ فِيمَا قَصَدْتُ فِيهِ إِلَيْكَ

but with confidence in You for what I intended.

53 فَإِنْ ابْطَا عَنِّي عَتَبْتُ بِجَهْلِي عَلَيْكَ

Then if there was a delay (in Your answer) I would blame You, due to my ignorance,

54 وَلَعَلَّ ٱلَّذِي ابْطَا عَنِّي هُوَ خَيْرٌ لِي

and perhaps the delay was best for me,

55 لِعِلْمِكَ بِعَاقِبَةِ ٱلامُورِ

for You know the outcome of all affairs.

56 فَلَمْ ارَ مَوْلًى كَرِيماً

I have not seen a more generous master

57 اصْبَرَ عَلَىٰ عَبْدٍ لَئِيمٍ مِنْكَ عَلَيَّ

patient with a wretched slave than You are with me.

58 يَا رَبِّ إِنَّكَ تَدْعُونِي فَاوَلِّي عَنْكَ

My Lord, You call me and I turn away from You.

59 وَتَتَحَبَّبُ إِلَيَّ فَاتَبَغَّضُ إِلَيْكَ

You show affection to me and I show hatred towards You.

60 وَتَتَوَدَّدُ إِلَيَّ فَلاَ اقْبَلُ مِنْكَ

You display Your love for me and I do not respond,

61 كَانَّ لِيَ ٱلتَّطَوُّلَ عَلَيْكَ

as though I am above You.

62 فَلَمْ يَمْنَعْكَ ذٰلِكَ مِنَ ٱلرَّحْمَةِ لِي

But this does not prevent You from having mercy on me,

63 وَٱلإِحْسَانِ إِلَيَّ

being good to me,

64 وَٱلتَّفَضُّلِ عَلَيَّ بِجُودِكَ وَكَرَمِكَ

and favouring me, through Your generosity and nobility.

65 فَٱرْحَمْ عَبْدَكَ ٱلْجَاهِلَ

So please (continue to) have mercy on your ignorant slave,

66 وَجُدْ عَلَيْهِ بِفَضْلِ إِحْسَانِكَ

and be kind to him through the excellence of Your Grace.

67 إِنَّكَ جَوَادٌ كَرِيمٌ

Surely You are the Bountiful, the Generous.

68 الْحَمْدُ لِلَّهِ مَالِكِ ٱلْمُلْكِ

All praise is for Allah, the Owner of the kingdom

69 مُجْرِي ٱلْفُلْكِ

who makes the ships sail,

70 مُسَخِّرِ ٱلرِّيَاحِ

controls the wind,

71 فَالِقِ ٱلإِصْبَاحِ

causes the dawn to break,

72 دَيَّانِ ٱلدِّينِ

is the authority on the Day of Judgement,

73 رَبِّ ٱلْعَالَمِينَ

the Lord of the worlds.

74 الْحَمْدُ لِلَّهِ عَلَىٰ حِلْمِهِ بَعْدَ عِلْمِهِ

All praise is for Allah for His patience
despite His knowledge.

75 وَٱلْحَمْدُ لِلَّهِ عَلَىٰ عَفْوِهِ بَعْدَ قُدْرَتِهِ

All praise is for Allah for His forgiveness despite His power.

76 وَٱلْحَمْدُ لِلَّهِ عَلَىٰ طُولِ اَنَاتِهِ فِي غَضَبِهِ

All praise is for Allah for the lengthy respite He gives despite His anger,

77 وَهُوَ قَادِرٌ عَلَىٰ مَا يُرِيدُ

though He has the power to do as He wills.

78 الْحَمْدُ لِلَّهِ خَالِقِ ٱلْخَلْقِ

All praise is for Allah, the creator of all creation,

79 بَاسِطِ ٱلرِّزْقِ

the Provider of plentiful sustenance,

80 فَالِقِ ٱلإِصْبَاحِ

the Cleaver of the dawn,

81 ذِي ٱلْجَلالِ وَٱلإِكْرَامِ

Possessor of glory and honour,

82 وَٱلْفَضْلِ وَٱلإِنْعَامِ

and excellence and blessings.

83 ٱلَّذِي بَعُدَ فَلاَ يُرَىٰ

Who is far and thus cannot be seen,

84 وَقَرُبَ فَشَهِدَ النَّجْوَىٰ

but is close and thus witnesses secret conversations,

85 تَبَارَكَ وَتَعَالَىٰ

blessed and exalted be His name.

86 الْحَمْدُ لِلَّهِ ٱلَّذِي لَيْسَ لَهُ مُنَازِعٌ يُعَادِلُهُ

All praise is for Allah who has no equal who argues with Him,

87 وَلاَ شَبِيهٌ يُشَاكِلُهُ

nor anyone similar to Him,

88 وَلاَ ظَهِيرٌ يُعَاضِدُهُ

nor any helper to support Him.

89 قَهَرَ بِعِزَّتِهِ ٱلاعِزَّاءَ

He overpowers the mighty by His strength,

90 وَتَوَاضَعَ لِعَظَمَتِهِ ٱلْعُظَمَاءُ

the great humble themselves before His tremendousness,

91 فَبَلَغَ بِقُدْرَتِهِ مَا يَشَاءُ

He accomplishes what He wishes through His power.

92 الْحَمْدُ لِلَّهِ ٱلَّذِي يُجِيبُنِي حِينَ انَادِيهِ

All praise is for Allah who answers me when I call Him,

93 وَيَسْتُرُ عَلَيَّ كُلَّ عَوْرَةٍ وَانَا اعْصِيهِ

covers all my faults, yet I disobey Him.

94 وَيُعَظِّمُ ٱلنِّعْمَةَ عَلَيَّ فَلاَ اجَازِيهِ

increases His bounties on me, but I do not acknowledge them.

95 فَكَمْ مِنْ مَوْهِبَةٍ هَنِيئَةٍ قَدْ اعْطَانِي

How many pleasant gifts He has given me,

96 وَعَظِيمَةٍ مَخُوفَةٍ قَدْ كَفَانِي

how many great fears He has removed,

97 وَبَهْجَةٍ مُونِقَةٍ قَدْ ارَانِي

how many delightful joys He has shown me.

98 فَاثْنِي عَلَيْهِ حَامِداً

Thus, I glorify Him, thanking Him,

99 وَاذْكُرُهُ مُسَبِّحاً

and I remember Him with praise.

100 الْحَمْدُ لِلَّهِ ٱلَّذِي لاَ يُهْتَكُ حِجَابُهُ

All praise is for Allah whose curtains cannot be opened,

101 وَلاَ يُغْلَقُ بَابُهُ

whose doors cannot be locked,

102 وَلاَ يُرَدُّ سَائِلُهُ

who does not reject the one who asks Him,

103 وَلاَ يُخَيَّبُ آمِلُهُ

and who does not disappoint the one who places hope in Him.

104 الْحَمْدُ لِلَّهِ ٱلَّذِي يُؤْمِنُ ٱلْخَائِفِينَ

All praise is for Allah who provides safety for the frightened,

105 وَيُنَجِّي ٱلصَّالِحِينَ

rescues the virtuous,

106 وَيَرْفَعُ ٱلْمُسْتَضْعَفِينَ

raises the oppressed,

107 وَيَضَعُ ٱلْمُسْتَكْبِرِينَ

humiliates the proud,

108 وَيُهْلِكُ مُلُوكاً وَيَسْتَخْلِفُ آخَرِينَ

destroys kings and replaces them with others.

109 وَٱلْحَمْدُ لِلَّهِ قَاصِمِ ٱلْجَبَّارِينَ

All praise is for Allah who crushes the tyrants,

110 مُبِيرِ ٱلظَّالِمِينَ

annihilates the oppressors,

111 مُدْرِكِ ٱلْهَارِبِينَ

watches over the runaways,

112 نَكَالِ ٱلظَّالِمِينَ

punishes the oppressors,

113 صَرِيخِ ٱلْمُسْتَصْرِخِينَ

assists those who cry for help,

114 مَوْضِعِ حَاجَاتِ ٱلطَّالِبِينَ

grants the requests of the beseechers,

115 مُعْتَمَدِ ٱلْمُؤْمِنِينَ

and is the confidence of the believers.

116 الْحَمْدُ لِلَّهِ ٱلَّذِي مِنْ خَشْيَتِهِ تَرْعُدُ ٱلسَّمَاءُ وَسُكَّانُهَا

All praise is for Allah in whose awe the skies and its inhabitants shake,

117 وَتَرْجُفُ ٱلارْضُ وَعُمَّارُهَا

the earth and its inhabitants tremble,

118 وَتَمُوجُ ٱلْبِحَارُ وَمَنْ يَسْبَحُ فِي غَمَرَاتِهَا

the sea and all that swims in it billows.

119 الْحَمْدُ لِلَّهِ ٱلَّذِي هَدَانَا لِهٰذَا

All praise is for Allah who guided us to this,

120 وَمَا كُنَّا لِنَهْتَدِيَ لَوْلاَ انْ هَدَانَا ٱللَّهُ

and we would not have been guided had He not guided us to this.

121 الْحَمْدُ لِلَّهِ ٱلَّذِي يَخْلُقُ وَلَمْ يُخْلَقْ

All praise is for Allah who creates but is not created,

122 وَيَرْزُقُ وَلاَ يُرْزَقُ

gives sustenance but is not given sustenance,

123 وَيُطْعِمُ وَلاَ يُطْعَمُ

feeds but is not fed,

124 وَيُمِيتُ ٱلاحْيَاءَ

causes the living to die ,

125 وَيُحْيِي ٱلْمَوْتَىٰ

and gives life to the dead.

126 وَهُوَ حَيٌّ لاَ يَمُوتُ

He is Ever-living and does not die,

127 بِيَدِهِ ٱلْخَيْرُ

in His control is all good,

128 وَهُوَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ

and He has power over all things.

SECTION 1, PART 1: ALLAH'S RELATIONSHIP WITH US PERSONALLY

IN SUMMARY...

This part of the dua tells us:

- ☐ How many blessings we have that we are not even aware of
- ☐ How we need so much, but Allah is needless
- ☐ How Allah's constant kindness to us makes us think we deserve what we get, but we do not
- ☐ How loving Allah is to us, even when we are not at all loving to Him
- ☐ How we need to be glorifying and praising Him for everything

QUESTIONS

- ☐ In lines 13 to 17, Imam describes many things Allah does for us. Are we normally grateful for this? Why is it harder to realise these blessings?

- ☐ In lines 34 to 38, Imam talks about how Allah is needless, while we are in great need. Can you think of some examples of what we might need from Him, and how hard it is for us while it is so simple for Him?

- ☐ Read lines 39 to 52. Why do you think we call on Allah so trustingly and familiarly?

- ☐ Read lines 53 to 55. Can you think of a time in your life that you didn't get what you wanted? Have you ever had the benefit of hindsight to realise why this was actually good for you?

- ☐ Read lines 58 to 64. If you always answered someone when they called you, covered their faults, and gave them so much, how would you feel if they still disobeyed you and didn't ever thank you?

REFLECTION

What is the link between a dua focused on Allah's personal relationship with YOU and the fasting of the month of Ramadan? Why is the connection important enough for us to recite this every night of Ramadan?

ACTIVITY

Can you think of someone else in our lives apart from Allah who shows us this type of unconditional love, and we don't always respond? Write a story or create a little role-play on an example of this in our own lives. Give it a happy ending!

SECTION 1, PART 2: ALLAH'S RELATIONSHIP WITH THE HUMAN BEING IN GENERAL

IN SUMMARY...

This part of the dua tells us:

- ☐ Allah gives us SO much out of his generosity
- ☐ This giving does not take away from His treasures at all
- ☐ He takes care of ALL of our needs, and that of everyone in this whole world
- ☐ Amongst all of His blessings is guidance

QUESTIONS

☐ Read lines 3 to 8. Why do you think Allah is both the most Merciful and the most Severe?

☐ Read lines 21 to 23. How many of Allah's favours and blessings can you think of that he has given us human beings?

☐ In lines 74 to 77, Imam describes three traits of Allah towards human beings, despite His certain other traits. Why do you think this is very important for us to know?

☐ Read lines 100 to 103. What does it mean that Allah's curtains cannot be opened but that his doors cannot be locked?

☐ Read lines 104 to 115. Imam lists 12 different groups of people. Put a tick next to those Allah helps and a cross next to those He stops. Reflect on this – do we realise it is Allah who is behind these things when they happen around us?

REFLECTION

What is the relationship between mentioning these 12 groups of people and the month of Ramadan? (Hint: In this month, charity usually increases and sins usually decreases)

ACTIVITY

Write a poem of thanks to Allah for all He has given us human beings. Include blessings that He has given us both internally (such as guidance, love, emotions, intellect, etc) as well as externally (family, possessions, nature, etc). The poem can be in any style – try out a haiku, limerick, jingle, or something new altogether!

SECTION 1, PART 3: ALLAH'S ONENESS AND HIS CREATION AND CONTROL OF THIS EARTH FOR US

IN SUMMARY...

This part of the dua tells us:

- ☐ Allah is the one and only God, and He has no opposition to His command
- ☐ Through His command, He has created this earth for us
- ☐ He controls everything
- ☐ Everything in the skies, earth and sea are in awe of Him

1.3: ALLAH'S ONENESS AND HIS CREATION AND CONTROL OF THIS EARTH FOR US (CONT.)

QUESTIONS

- ☐ The concept of Allah having no equal comes up a few times in the section. What is this concept called? Can you find these lines in the section? Underline them.

- ☐ How would the creation and running of this earth be different if Allah had a partner?

- ☐ In line 68, Imam calls Allah the Owner of the Kingdom. Can you list at least 10 things in His Kingdom?

- ☐ Following on, in lines 69 to 71, Imam describes three things the Owner does – what are these?

- ☐ There are many passages in this whole section which begin with the praise of Allah. Highlight them. Why do you think this is so?

REFLECTION

Which is your favourite line of thanks to Allah from the dua and why does it resonate with you? How might it be incorporated into your daily life?

ACTIVITY

Imagine people lived all over the solar system, and you wanted them to come visit the earth. Create an advertising campaign to describe the qualities of this earth that Allah has created for us – this can be a poster, a short video clip, PowerPoint presentation, vision board, etc. Be creative and have fun!

DUA IFTITAH
SECTION 2

The **second** section of the dua is about the Ahlul Bayt (as).

This section of the dua can further be divided into three parts.

1. Salawat on the Prophet(s)
2. Blessings on the Masumeen (as)
3. Role of the 12th Imam (aj)

اَللَّهُمَّ صَلِّ عَلَىٰ مُحَمَّدٍ عَبْدِكَ وَرَسُولِكَ 129

O Allah send Your blessings on Muhammad Your servant, Your Messenger,

وَامِينِكَ وَصَفِيِّكَ وَحَبِيبِكَ 130

Your trustee, Your chosen One, Your beloved,

وَخِيَرَتِكَ مِنْ خَلْقِكَ 131

the best of Your creation,

وَحَافِظِ سِرِّكَ 132

the preserver of Your secrets,

وَمُبَلِّغِ رِسَالاَتِكَ 133

and the preacher of Your messages.

افْضَلَ وَاحْسَنَ وَاجْمَلَ 134

With the most superior, best, beautiful

135 وَاكْمَلَ وَازْكَىٰ وَانْمَىٰ

perfect, purest, prosperous,

136 وَاطْيَبَ وَاطْهَرَ وَاسْنَىٰ

pleasant, purified and sublime (blessings),

137 وَاكْثَرَ مَا صَلَّيْتَ وَبَارَكْتَ

the most that you have ever blessed, showered,

138 وَتَرَحَّمْتَ وَتَحَنَّنْتَ

had mercy and compassion on,

139 وَسَلَّمْتَ عَلَىٰ احَدٍ مِنْ عِبَادِكَ وَانْبِيَائِكَ

and greeted anyone from Your servants, Your Prophets,

140 وَرُسُلِكَ وَصِفْوَتِكَ

Your Messengers, Your chosen ones,

141 وَاهْلِ ٱلْكَرَامَةِ عَلَيْكَ مِنْ خَلْقِكَ

and the honourable ones from Your creation.

142 اَللَّهُمَّ وَصَلِّ عَلَىٰ عَلِيٍّ امِيرِ ٱلْمُؤْمِنِينَ

O Allah, and send Your blessings on ‘Ali, the commander of the faithful,

143 وَوَصِيِّ رَسُولِ رَبِّ ٱلْعَالَمِينَ

and the successor of the Messenger of the Lord of the worlds.

144 عَبْدِكَ وَوَلِيِّكَ وَاخِي رَسُولِكَ

Your servant, Your friend, the brother of Your Messenger,

145 وَحُجَّتِكَ عَلَىٰ خَلْقِكَ

Your proof over creation,

146 وَآيَتِكَ ٱلْكُبْرَىٰ

Your great sign,

147 وَٱلنَّبَإِ ٱلْعَظِيمِ

and the mighty awaited news.

148 وَصَلِّ عَلَىٰ ٱلصِّدِّيقَةِ ٱلطَّاهِرَةِ

And send blessings on the truthful, pure (lady),

149 فَاطِمَةَ سَيِّدَةِ نِسَاءِ ٱلْعَالَمِينَ

Fatima az-Zahra, the leader of the women of the worlds.

150 وَصَلِّ عَلَىٰ سِبْطَيِ ٱلرَّحْمَةِ

And send Your blessings on the two grandsons of 'the mercy to the world',

151 وَإِمَامَيِ ٱلْهُدَىٰ

the leaders of guidance,

152 ٱلْحَسَنِ وَٱلْحُسَيْنِ

Al-Hasan and Al-Husayn,

153 سَيِّدَيْ شَبَابِ اهْلِ ٱلْجَنَّةِ

the leaders of the youths of Paradise.

154 وَصَلِّ عَلَىٰ ائِمَّةِ ٱلْمُسْلِمِينَ

And send blessings on the leaders of the Muslims,

155 عَلِيِّ بْنِ ٱلْحُسَيْنِ

'Ali son of Husayn,

156 وَمُحَمَّدِ بْنِ عَلِيٍّ

Muhammad son of 'Ali,

157 وَجَعْفَرِ بْنِ مُحَمَّدٍ

Ja'far son of Muhammad,

158 وَمُوسَىٰ بْنِ جَعْفَرٍ

Musa son of Ja'far,

159 وَعَلِيِّ بْنِ مُوسَىٰ

'Ali son of Musa,

160 وَمُحَمَّدِ بْنِ عَلِيٍّ

Muhammad son of 'Ali,

161 وَعَلِيِّ بْنِ مُحَمَّدٍ

'Ali son of Muhammad,

162 وَٱلْحَسَنِ بْنِ عَلِيٍّ

Hasan son of 'Ali,

163 وَٱلْخَلَفِ ٱلْهَادِي ٱلْمَهْدِيِّ

and the successor, the guide and the rightly guided.

164 حُجَجِكَ عَلَىٰ عِبَادِكَ

(These are) Your proofs over Your servants,

165 وَامَنَائِكَ فِي بِلادِكَ

Your trustees on Your land.

صَلاةً كَثِيرَةً دَائِمَةً 166

(Bless them with) numerous and continuous blessings.

اَللَّهُمَّ وَصَلِّ عَلَىٰ وَلِيِّ امْرِكَ 167

O Allah and send blessings on the guardian of Your orders,

ٱلْقَائِمِ ٱلْمُؤَمَّلِ 168

the one who will rise,

وَٱلْعَدْلِ ٱلْمُنْتَظَرِ 169

the one hoped for, the awaited justice.

وَحُفَّهُ بِمَلائِكَتِكَ ٱلْمُقَرَّبِينَ 170

Surround him with Your favourite angels,

وَايِّدْهُ بِرُوحِ ٱلْقُدُسِ 171

and assist him with the holy spirit,

يَا رَبَّ ٱلْعَالَمِينَ 172

O Lord of the worlds.

اَللَّهُمَّ ٱجْعَلْهُ ٱلدَّاعِيَ إِلَىٰ كِتَابِكَ 173

O Allah, appoint him to invite towards Your book,

وَٱلْقَائِمَ بِدِينِكَ 174

to establish Your religion,

ٱسْتَخْلِفْهُ فِي ٱلارْضِ 175

make him the successor on the earth,

كَمَا ٱسْتَخْلَفْتَ ٱلَّذِينَ مِنْ قَبْلِهِ 176

as You caused others to succeed before him.

مَكِّنْ لَهُ دِينَهُ ٱلَّذِي ٱرْتَضَيْتَهُ لَهُ 177

Establish for him his religion which You have approved for him,

ابْدِلْهُ مِنْ بَعْدِ خَوْفِهِ امْناً 178

give him security after fear,

يَعْبُدُكَ لاَ يُشْرِكُ بِكَ شَيْئاً 179

(so) he worships You and does not associate any with You.

اَللَّهُمَّ اعِزَّهُ وَاعْزِزْ بِهِ 180

O Allah, give him power and through him strengthen (others),

وَٱنْصُرْهُ وَٱنْتَصِرْ بِهِ 181

help him and help (others) through him,

182 وَٱنْصُرْهُ نَصْراً عَزِيزاً

help him with a mighty help.

183 وَٱفْتَحْ لَهُ فَتْحاً يَسِيراً

Give him an easy victory,

184 وَٱجْعَلْ لَهُ مِنْ لَدُنْكَ سُلْطَاناً نَصِيراً

and grant him an assisting authority from You.

185 اَللَّهُمَّ اظْهِرْ بِهِ دِينَكَ وَسُنَّةَ نَبِيِّكَ

O Allah, make manifest through him Your religion and the way of Your Prophet,

186 حَتَّىٰ لاَ يَسْتَخْفِيَ بِشَيْءٍ مِنَ ٱلْحَقِّ

until nothing from the truth remains hidden

187 مَخَافَةَ احَدٍ مِنَ ٱلْخَلْقِ

for fear of any creature.

188 اَللَّهُمَّ إِنَّا نَرْغَبُ إِلَيْكَ فِي دَوْلَةٍ كَرِيمَةٍ

O Allah, we earnestly desire from You an honoured state,

189 تُعِزُّ بِهَا ٱلإِسْلاَمَ وَاهْلَهُ

through which You strengthen Islam and its people,

190 وَتُذِلُّ بِهَا ٱلنِّفَاقَ وَاهْلَهُ

and degrade hypocrisy and its followers,

191 وَتَجْعَلُنَا فِيهَا مِنَ ٱلدُّعَاةِ إِلَىٰ طَاعَتِكَ

and make us in it amongst the inviters towards Your obedience,

192 وَٱلْقَادَةِ إِلَىٰ سَبِيلِكَ

and the leaders to Your path.

193 وَتَرْزُقُنَا بِهَا كَرَامَةَ ٱلدُّنْيَا وَٱلآخِرَةِ

Give us through it honour of the world and the Hereafter.

194 اَللَّهُمَّ مَا عَرَّفْتَنَا مِنَ ٱلْحَقِّ فَحَمِّلْنَاهُ

O Allah, what You have made known to us of the truth help us bear it,

195 وَمَا قَصُرْنَا عَنْهُ فَبَلِّغْنَاهُ

and what we fall short make us reach it.

196 اَللَّهُمَّ ٱلْمُمْ بِهِ شَعَثَنَا

O Allah, through him put order in our affairs,

197 وَٱشْعَبْ بِهِ صَدْعَنَا

gather and unite our flocks,

198 وَٱرْتُقْ بِهِ فَتْقَنَا

join together our separations,

199 وَكَثِّرْ بِهِ قِلَّتَنَا

increase our minority,

200 وَاعْزِزْ بِهِ ذِلَّتَنَا

lift us from degradation,

201 وَاغْنِ بِهِ عَائِلَنَا

relieve our miseries,

202 وَٱقْضِ بِهِ عَنْ مُغْرَمِنَا

pull us out of our debts,

203 وَٱجْبُرْ بِهِ فَقْرَنَا

remove our poverty,

204 وَسُدَّ بِهِ خَلَّتَنَا

fill the gaps in our confusion,

205 وَيَسِّرْ بِهِ عُسْرَنَا

ease our difficulties,

206 وَبَيِّضْ بِهِ وُجُوهَنَا

brighten our faces,

207 وَفُكَّ بِهِ اسْرَنَا

free our prisoners,

208 وَانْجِحْ بِهِ طَلِبَتَنَا

make our seeking fruitful,

209 وَانْجِزْ بِهِ مَوَاعِيدَنَا

fulfil our promises,

210 وَٱسْتَجِبْ بِهِ دَعْوَتَنَا

answer our calls,

211 وَاعْطِنَا بِهِ سُؤْلَنَا

grant us our requests,

212 وَبَلِّغْنَا بِهِ مِنَ ٱلدُّنْيَا وَٱلآخِرَةِ آمَالَنَا

cause us to obtain what we hope for from this world and the hereafter,

213 وَاعْطِنَا بِهِ فَوْقَ رَغْبَتِنَا

and give us more than our expectations.

214 يَا خَيْرَ ٱلْمَسْؤُولِينَ

O the best of all who are asked,

215 وَاوْسَعَ ٱلْمُعْطِينَ

and the most generous of bestowers,

216 ٱشْفِ بِهِ صُدُورَنَا

through him, cleanse our chests,

217 وَاذْهِبْ بِهِ غَيْظَ قُلُوبِنَا

remove the stains of anger and hatred from our hearts,

218 وَٱهْدِنَا بِهِ لِمَا ٱخْتُلِفَ فِيهِ مِنَ ٱلْحَقِّ بِإِذْنِكَ

and guide us to the truth on disputed matters,

219 إِنَّكَ تَهْدِي مَنْ تَشَاءُ إِلَىٰ صِرَاطٍ مُسْتَقِيمٍ

by Your permission, surely You guide whom You wish to the right path.

220 وَٱنْصُرْنَا بِهِ عَلَىٰ عَدُوِّكَ وَعَدُوِّنَا

Through him help us to overcome Your enemy and our enemy,

221 إِلٰهَ ٱلْحَقِّ آمِينَ

O God of Truth, Ameen.

222 اَللّٰهُمَّ إِنَّا نَشْكُو إِلَيْكَ

O Allah, we complain to You

223 فَقْدَ نَبِيِّنَا صَلَوَاتُكَ عَلَيْهِ وَآلِهِ

of the absence of our Prophet, Your blessings be on him and his family,

224 وَغَيْبَةَ وَلِيِّنَا

the concealment of our leader,

225 وَكَثْرَةَ عَدُوِّنَا

the abundance of our enemies,

226 وَقِلَّةَ عَدَدِنَا

the scarcity of our numbers,

227 وَشِدَّةَ ٱلْفِتَنِ بِنَا

the severity of our trials,

228 وَتَظَاهُرَ ٱلزَّمَانِ عَلَيْنَا

and the victory of the era against us.

فَصَلِّ عَلَىٰ مُحَمَّدٍ وَآلِهِ 229

So bless Muhammad and his family,

وَاعِنَّا عَلَىٰ ذٰلِكَ بِفَتْحٍ مِنْكَ تُعَجِّلُهُ 230

and help us overcome that by granting us an immediate victory,

وَبِضُرٍّ تَكْشِفُهُ 231

dispersing miseries,

وَنَصْرٍ تُعِزُّهُ 232

giving us a help that strengthens,

وَسُلْطَانِ حَقٍّ تُظْهِرُهُ 233

providing an authority of truth which You manifest,

وَرَحْمَةٍ مِنْكَ تُجَلِّلُنَاهَا 234

a mercy from You which is clear to us,

وَعَافِيَةٍ مِنْكَ تُلْبِسُنَاهَا 235

and a well-being from You which clothes us,

بِرَحْمَتِكَ يَا ارْحَمَ ٱلرَّاحِمِينَ 236

by Your mercy, O most Merciful.

SECTION 2, PART 1: SALAWAT ON THE PROPHET (S)

IN SUMMARY...

This part of the dua tells us:

- ☐ The status of our Holy Prophet
- ☐ Our Prophet's qualities
- ☐ Reminds us of the etiquettes of dua and the importance of incorporating salawat
- ☐ The role of the Ahlul Bayt (as) in helping us to get our duas answered

2.1: SALAWAT ON THE PROPHET (S) (CONT.)

QUESTIONS

- ☐ Read lines 129 to 133. Underline the adjectives Imam uses to describe the Holy Prophet. How many can you find?

- ☐ Choose one adjective and think about how this relates to the Holy Prophet?

- ☐ Read lines 134 to 141. Why do you think it is so highly recommended to send salawat on the Holy Prophet? Can you find this in the Quran too?

- ☐ In the above lines, how is our Holy Prophet elevated above ALL of creation? (Hint: think about a comparative in the passage)

- ☐ Reflect on why you think the Holy Prophet is so special?

REFLECTION

What is your favourite story of the Holy Prophet and why does it resonate with you so much?

ACTIVITY

Scan this barcode and listen to some of the different types of Salawats that are recited around the world. Can you learn a new one? Can you recite one to someone around you? Do you know any others? As you listen and recite, reflect on this hadith: Raise your voices with [the recitation of] blessings upon us [AhlulBayt] for it removes hypocrisy [internal conflict].

SECTION 2, PART 2: BLESSINGS ON THE MASUMEEN (AS)

IN SUMMARY...

This part of the dua tells us:

- ☐ The main role of the Imams is to be Allah's proof and trustees on the earth
- ☐ The status of our Holy Imams and Lady Fatima (as)
- ☐ How the 12th Imam in his own words describes Imam Ali (as), Lady Fatima (as), Imam Hasan (as) and Husayn (as)
- ☐ The importance and benefit of knowing our Imams and sending salawat on them

2.2: BLESSINGS ON THE MASUMEEN (AS) (CONT.)

QUESTIONS

☐ Read lines 142 to 147. What title of Imam Ali (as) is mentioned that is linked to a surah in the 30th Juz?

☐ What title of Lady Fatima (as) is mentioned in lines 148 to 149?

☐ How are Imam Hasan (as) and Imam Husayn (as) described in lines 150 to 153?

☐ What is the role of the Imams as mentioned in lines 154 to 166?

☐ In which other dua do we call on our 12 Imams to step in on our behalf with Allah (swt)?

☐ Do you know where each of the Masumeen are buried?

ACTIVITY

The Prophet (saw) has said:

“”

The example of you and the Imams following you is the example of Noah’s Ark. Whoever enters it will be rescued and whoever disobeys will drown.

Make your own ark! Use whatever materials you have at home – lollipop sticks, card, cardboard boxes, etc – and make it as big or as small as you like.

SECTION 2, PART 3: ROLE OF THE 12TH IMAM (AJ)

IN SUMMARY...

This part of the dua tells us:

- ☐ About the things we should pray for, for our beloved Imam
- ☐ The type of state we want to establish
- ☐ About our duas as a community through the 12th Imam
- ☐ The complaint we have in the absence of our Holy Prophet and Imam

QUESTIONS

☐ Using your own knowledge and reflection, why is the coming of the 12th Imam so important for believers?

QUESTIONS

- ☐ In lines 167 to 187, what do we pray to Allah for our beloved Imam?

- ☐ In lines 196 to 213, we ask Allah for 18 things through the beloved Imam. Pick 5 and think about how we really need them in our world today.

- ☐ In lines 214 to 219, what personal changes do we pray for in this section?

- ☐ Why do we pray for our Imam? Does he need our duas? Have a think!

REFLECTION

What is the relationship between this emphasis of the 12th Imam (particularly his role and what we need through him) and the month of Ramadan?

ACTIVITY

In the dua, we complain to Allah about the absence of our Holy Prophet and the Imam. Write a paragraph about why you miss them and would love to see them.

Think about what changes as a community we pray for in this dua. Can we apply any of them in our community? Have a think and see if you can make a plan to make this happen!

DUA ALLAHUMMA BE RAHMATIKA

1 اَللَّهُمَّ بِرَحْمَتِكَ فِي ٱلصَّالِحِينَ فَادْخِلْنَا

O Allah, by Your mercy, include us with the virtuous.

2 وَفِي عِلِّيِّينَ فَٱرْفَعْنَا

Raise us to be with the distinguished people.

3 وَبِكَاسٍ مِنْ مَعِينٍ

Make us drink a cup of water

4 مِنْ عَيْنٍ سَلْسَبِيلٍ فَٱسْقِنَا

from the spring of Salsabeel.

5 وَمِنَ ٱلْحُورِ ٱلْعِينِ بِرَحْمَتِكَ فَزَوِّجْنَا

Pair us with houris by Your mercy.

6 وَمِنَ ٱلْوِلْدَانِ ٱلْمُخَلَّدِينَ

Give us the service of the young heavenly helpers,

7 كَأَنَّهُمْ لُؤْلُؤٌ مَكْنُونٌ فَاخْدِمْنَا

well groomed like pearls.

8 وَمِنْ ثِمَارِ ٱلْجَنَّةِ وَلُحُومِ ٱلطَّيْرِ فَاطْعِمْنَا

Feed us with the fruits of Paradise and the flesh of birds

9 وَمِنْ ثِيَابِ ٱلسُّنْدُسِ وَٱلْحَرِيرِ وَٱلإِسْتَبْرَقِ فَالْبِسْنَا

and clothe us with robes of thick brocade of silk and gold.

10 وَلَيْلَةَ ٱلْقَدْرِ

Grant us the benefits of the night of power,

11 وَحَجَّ بَيْتِكَ ٱلْحَرَامِ

and the pilgrimage to Your sacred house,

12 وَقَتْلاً فِي سَبِيلِكَ فَوَفِّقْ لَنَا

and of dying in Your way.

13 وَصَالِحَ ٱلدُّعَاءِ وَٱلْمَسْالَةِ فَٱسْتَجِبْ لَنَا

Answer our prayers and requests which are good,

14 وَإِذَا جَمَعْتَ ٱلاوَّلِينَ وَٱلآخِرِينَ يَوْمَ ٱلْقِيَامَةِ فَٱرْحَمْنَا

and when You gather the people of the earlier and later periods,
on the Day of Judgement, have mercy on us.

15 وَبَرَاءَةً مِنَ ٱلنَّارِ فَٱكْتُبْ لَنَا

Write for us a protection from the fire.

16 وَفِي جَهَنَّمَ فَلاَ تَغُلَّنَا

Do not confine us to Hell.

17 وَفِي عَذَابِكَ وَهَوَانِكَ فَلاِ تَبْتَلِنَا

Try us not with Your punishment and disgrace.

18 وَمِنَ ٱلزُّقُّومِ وَٱلضَّرِيعِ فَلاَ تُطْعِمْنَا

Feed us not from the bitter tree nor the thorny fruit (of Hell).

19 وَمَعَ ٱلشَّيَاطِينِ فَلاَ تَجْعَلْنَا

Do not place us with the devils,

20 وَفِي ٱلنَّارِ عَلَىٰ وُجُوهِنَا فَلاَ تَكْبُبْنَا

nor throw us face downwards in Hell,

21 وَمِنْ ثِيَابِ ٱلنَّارِ وَسَرَابِيلِ ٱلْقَطِرَانِ فَلاَ تُلْبِسْنَا

and do not clothe us with the flames and tar of Hell.

22 وَمِنْ كُلِّ سُوءٍ يَا لاَ إِلٰهَ إِلاَّ انْتَ

Save us from all evil, O (one who) there is no God but You,

23 بِحَقِّ لاَ إِلٰهَ إِلاَّ انْتَ فَنَجِّنَا

for the sake of there being no God but You, save us.

DID YOU KNOW?

Mercy is mentioned three times in the dua

INFORMATION

- ☐ This dua talks about the belief of the Hereafter, which is a good follow up from Dua Iftitah which talks about the other roots of faith (Usul ud din)
- ☐ Heaven and hell are described vividly in this dua

IN SUMMARY...

This dua tell us that:

- ☐ There is most definitely a Hereafter
- ☐ We should pray for all the beautiful perks of heaven
- ☐ To get to heaven, we ask for the benefits of three things: the Night of Power, Hajj, and dying in Allah's way
- ☐ Everyone – the people of the earlier and the later times – will be gathered together on the Day of Judgement

QUESTIONS

☐ What are some features of paradise that are described?

_____

_____

_____

☐ What are some features of hell that are described?

_____

_____

_____

QUESTIONS

- ☐ Why do you think such details about the hereafter are given to us?

- ☐ Why do we ask Allah to accept only those prayers and requests that are good?

- ☐ What is the final dua we ask for? Why do you think this is?

ACTIVITY

Can you draw a scene in heaven?
What do you imagine it will be like?

SCAN ME!

Scan and play Kahoot!

DUA ALLAHUMMA INNEE AS'ALUKA

1 اللّهُمَّ إِنِّي أَسْأَلُكَ أَنْ تَجْعَلَ فِيمَا تَقْضِي وَتُقَدِّرُ

O Allah, I beseech You to place in what You destine and decree,

2 مِنَ الأَمْرِ الْمَحْتُومِ فِي الأَمْرِ الْحَكِيمِ

from the orders which are definite and orders which are wise,

3 مِنَ الْقَضَاءِ الَّذِي لا يُرَدُّ وَلا يُبَدَّلُ

from the decree which is not reversed nor changed:

4 أَنْ تَكْتُبَنِي مِنْ حُجَّاجِ بَيْتِكَ الْحَرَامِ

Write my name as one of the pilgrims of Your sacred house,

5 الْمَبْرُورِ حَجُّهُمْ

whose Hajj is approved,

6 الْمَشْكُورِ سَعْيُهُمْ

whose efforts are appreciated,

7 الْمَغْفُورِ ذُنُوبُهُمْ

whose sins are forgiven,

8 الْمُكَفَّرِ عَنْ سَيِّئَاتِهِمْ

and whose evil deeds are pardoned.

9 وَأَنْ تَجْعَلَ فِيمَا تَقْضِي وَتُقَدِّرُ

And place for me in what You destine and decree:

10 أَنْ تُطِيلَ عُمْرِي فِي خَيْرٍ وَعَافِيَةٍ

a lengthening of my life, in goodness and health,

11 وَتُوَسِّعَ فِي رِزْقِي

and an increase in my sustenance.

12 وَتَجْعَلَنِي مِمَّنْ تَنْتَصِرُ بِهِ لِدِينِكَ

Make me among those through whom You support Your religion,

13 وَلا تَسْتَبْدِلْ بِي غَيْرِي

not substituting any in my place.

INFORMATION

- ☐ In this dua we mention Allah's orders and power over what happens to us
- ☐ We are taught to ask for spiritual as well as worldly things
- ☐ For this world, we ask for long life, health and increased sustenance

IN SUMMARY...

This dua tell us that:

- ☐ Allah decrees things for us
- ☐ Once it's been decreed, it is final and irreversible
- ☐ We can ask for Allah's decree by praying to Him
- ☐ We need to use the blessings we pray for to do good

QUESTIONS

- ☐ What three things describe Allah's decree?

_____

_____

_____

- ☐ We pray for Hajj in this dua – which other duas has this come up in?

_____

_____

- ☐ What are the things we are asking Allah for in this dua?

_____

_____

_____

_____

QUESTIONS

- ☐ How can we help support the religion?

- ☐ Why do you think we pray for our place not to be substituted by anybody else?

ACTIVITY

Stand up. Walk around. Now raise one leg.
Hop around. Now raise the other leg.

Can you do it?

This is a good example of the balance between Allah's decree and the free will He has given us. He has given us so many things that we can control, e.g. the ability to walk. And yet that is limited – for example, we cannot raise both legs together while standing. Ultimately, we are under His decree.

SCAN ME!

Scan and play Kahoot!

DUA A'UDHU BI JALALI

1 أَعُوذُ بِجَلالِ وَجْهِكَ الْكَرِيمِ

I seek refuge with the majesty of Your gracious self,

2 أَنْ يَنْقَضِيَ عَنِّي شَهْرُ رَمَضَانَ

from the passing of the month of Ramadan,

3 أَوْ يَطْلُعَ الْفَجْرُ مِنْ لَيْلَتِي هذِهِ

or the appearance of the dawn of this night,

4 وَلَكَ قِبَلِي تَبِعَةٌ أَوْ ذَنْبٌ تُعَذِّبُنِي عَلَيْهِ

while I still have a duty I have not carried out or a sin that You may punish me for.

INFORMATION

- ☐ In the book 'Anis al-Salihin', it is recommended to recite this dua every night
- ☐ It is a short and concise dua
- ☐ Can you try and memorise it?

IN SUMMARY...

This dua tell us that:

- ☐ We seek refuge with Allah
- ☐ We are asking for Him to help us before it's too late
- ☐ We need to fulfil our duties
- ☐ We need to ask for forgiveness for our sins

QUESTIONS

- ☐ Which type of person needs to seek refuge?

- ☐ Imam describes Allah with two adjectives here – why do you think these two are used in particular?

- ☐ What two time frames are given here?

- ☐ What two things are we seeking refuge from?

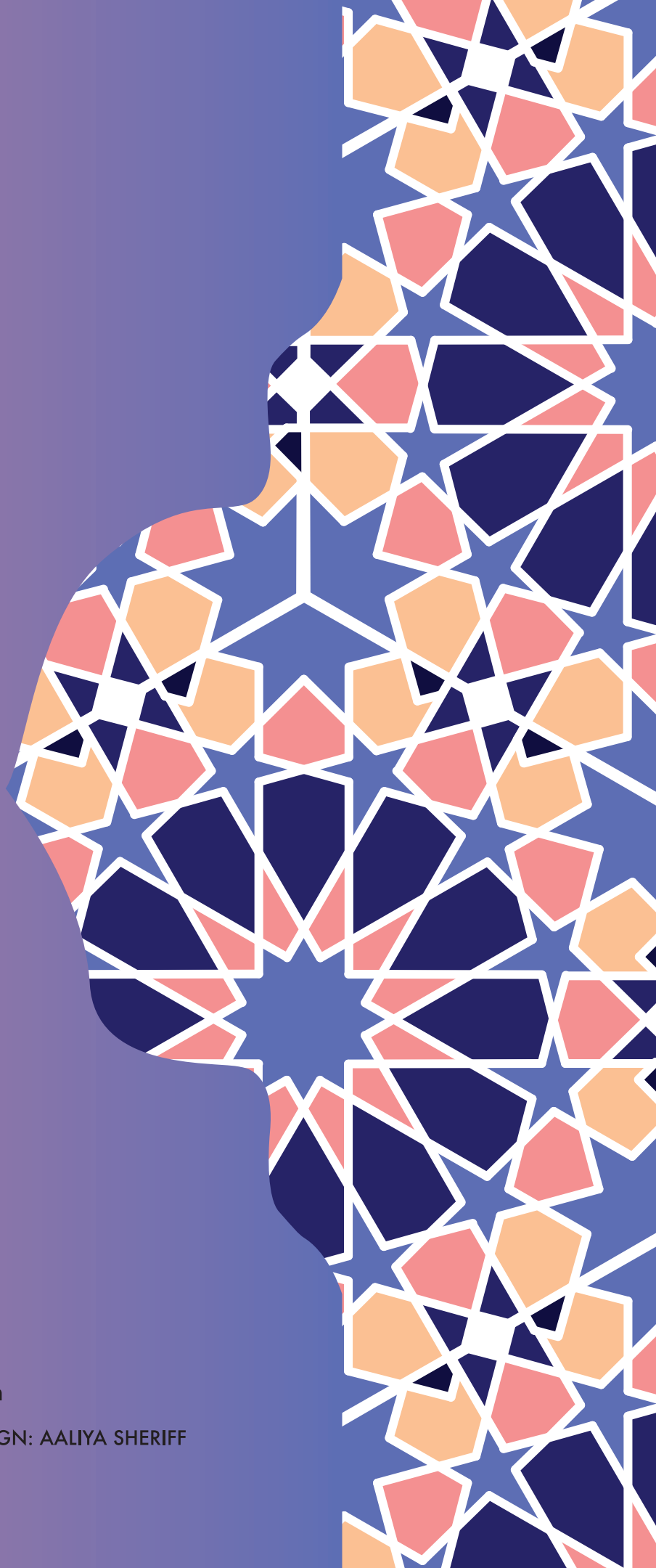
- ☐ What is our responsibility after reading this dua?

ACTIVITY

Reflect on your own relationships with your family and friends. What duties do you have that you think you may not be fulfilling? Can you think of three people you need to reach out to? What will you say and do to make amends?

SCAN ME!

Scan and play Kahoot!



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